

## 1 学年 Hokuetsu Challenge ⑬



おはようございます。3月27日（金）3月最後の週末ですね。まだまだ新型コロナウイルスがいつ終息するかわからない不安な状態が続きそうです。正しい情報収集、正しい判断で行動しましょう。日本の状況、世界の状況を理解し、力を合わせて乗り越えましょう。

以下の文章は、WHO のホームページからのものです。WHO のホームページにある基本的な新型コロナウイルス感染予防対策を昨日に続いて読んでみましょう。

### Basic protective measures against the new coronavirus ( 2 )

#### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

#### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

#### **If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.

**Why?** National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections

3月26日の解答

- (1) ウイルス エ virus
- (2) 陽性 オ positive
- (3) 陰性 カ negative
- (4) 防ぐ、封じ込める ウ contain
- (5) 世界的流行 ア pandemic
- (6) 感染した キ infected
- (7) 集団感染 イ outbreak